



GREEN SLIME SMOOTHIE

INGREDIENTS:

2 cups spinach

2 cups frozen strawberries

1 banana

2 tablespoons honey

½ cup ice

DIRECTIONS:

1. Place the spinach in the freezer until frozen, at least 1 hour.
2. Combine the spinach, strawberries, banana, honey, and ice in a blender. Blend until smooth. Serve.